

Would you like to take part in a study of prevention of migraine?

Are you 18-65 years old?
Do you have more than 1 migraine headache a month?
Would you like to prevent another migraine?

Volunteers are invited to participate in a medical research pilot study to examine the effectiveness of new treatments for migraine headache. The HeadAche Prevention Project (HAPPy trial) is testing whether migraine is prevented by blood pressure lowering or cholesterol lowering medications compared with placebo.

The HAPPy trial involves experts from The George Institute for Global Health at the University of NSW, Prince of Wales, Royal Prince Alfred and Liverpool Hospitals and the Queensland University of Technology.

We are seeking participants who are/have:

- 18 to 65 years old
- 2-14 migraine headaches a month
- had migraine for at least a year and whose migraine began before 50 years
- willing to take oral migraine preventative medication for the duration of the study (12-week treatment period).

Participation in the study involves:

- Taking two capsules of study medication per day for 12-week treatment period
- Six clinic visits, scheduled every 4 weeks for 20 weeks. This includes a Screening Visit to determine eligibility, a Baseline Visit where study medication is dispensed if eligible, three Follow-Up Visits during the 12-week treatment period, and a final Follow Up Visit four weeks after the end of treatment. Most visits will take approximately 30 minutes.
- Completion of a headache diary during the 20-week study period
- Blood pressure and heart rate measurements at each clinic visit
- Two blood tests (approximately 5 mL of blood), the first at the Screening Visit and the second at the end of treatment) to assess creatinine, cholesterol and electrolytes (potassium and sodium) levels.
- Travel to participating clinics in New South Wales at Royal Prince Alfred Hospital in Camperdown, Prince of Wales Hospital in Randwick and Liverpool Hospital in Liverpool or in Queensland at Queensland University of Technology in Mermaid Waters. (Travel costs up to \$25 per visit will be reimbursed).

As part of the trial you will:

- Receive information on migraine prevention
- You and/or your doctor will receive a copy of your blood test results
- Contribute to research looking for better treatments for migraine

This project has been approved by the Sydney Local Health District Human Research Ethics Committee: HREC/15/RPAH/554.

For more information, please contact one of our research teams at RPAH, POWH, Liverpool Hospital or QUT:

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