



THE UNIVERSITY OF
NEWCASTLE
AUSTRALIA



VOLUNTEERS WANTED FOR CLINICAL TRIAL

Do you suffer from menstrual migraine?

Women from across Australia who suffer from menstrual migraine are invited to participate in a clinical trial to investigate whether a nutritional supplement (resveratrol) can prevent menstrual migraine.

You may be eligible for this study if you:

- Are aged 18-50 years
- Have regular periods
- Suffer from migraine just before or during your period

What is required of me?

Your participation will be online and by mail. You will not be required to attend the research centre. If you are eligible **we will send you supplement capsules** to take daily for six menstrual cycles. You will also complete a daily supplement diary and three migraine questionnaires at the start, middle and end of the trial.

When does enrolment for the study close?

Enrolment closes 30th November 2020. We require 82 participants for this clinical trial.

For further information:

Please contact Ms Jemima Dzator at the Clinical Nutrition Research Centre.

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